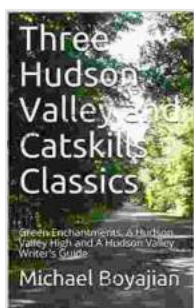


# Three Hudson Valley and Catskills Classics: Rediscovering the Culinary Treasures of Upstate New York

Nestled amidst the rolling hills, verdant forests, and picturesque river valleys of Upstate New York, the Hudson Valley and Catskill Mountains have long been renowned for their natural beauty. But beyond the stunning landscapes lies a rich culinary heritage, waiting to be explored through three iconic restaurants that have stood the test of time.



## Three Hudson Valley and Catskills Classics: Green Enchantments, A Hudson Valley High and A Hudson Valley Writer's Guide

★★★★★ 5 out of 5

Language	: English
File size	: 3402 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 616 pages
Lending	: Enabled



**The Culinary Institute of America: A Culinary Mecca in Poughkeepsie**



For over 50 years, the Culinary Institute of America (CIA) has been a culinary beacon in the heart of the Hudson Valley. Founded in 1946 as a non-profit, the CIA has evolved into an internationally recognized institution, offering a comprehensive range of culinary and hospitality programs.

But beyond its educational prowess, the CIA is also a culinary destination in its own right. The institute's two on-campus restaurants, the American Bounty Restaurant and Escoffier Restaurant, showcase the culinary artistry and innovation of its esteemed faculty and students.

At the American Bounty Restaurant, guests can savor a menu that celebrates the bounty of the Hudson Valley, featuring seasonal ingredients sourced from local farms and purveyors. The Escoffier Restaurant, named

after the legendary French chef, offers a more refined dining experience, with a focus on classic French techniques and contemporary culinary trends.

### **The Roxbury at Stratton Falls: A Historic Gem in Roxbury**



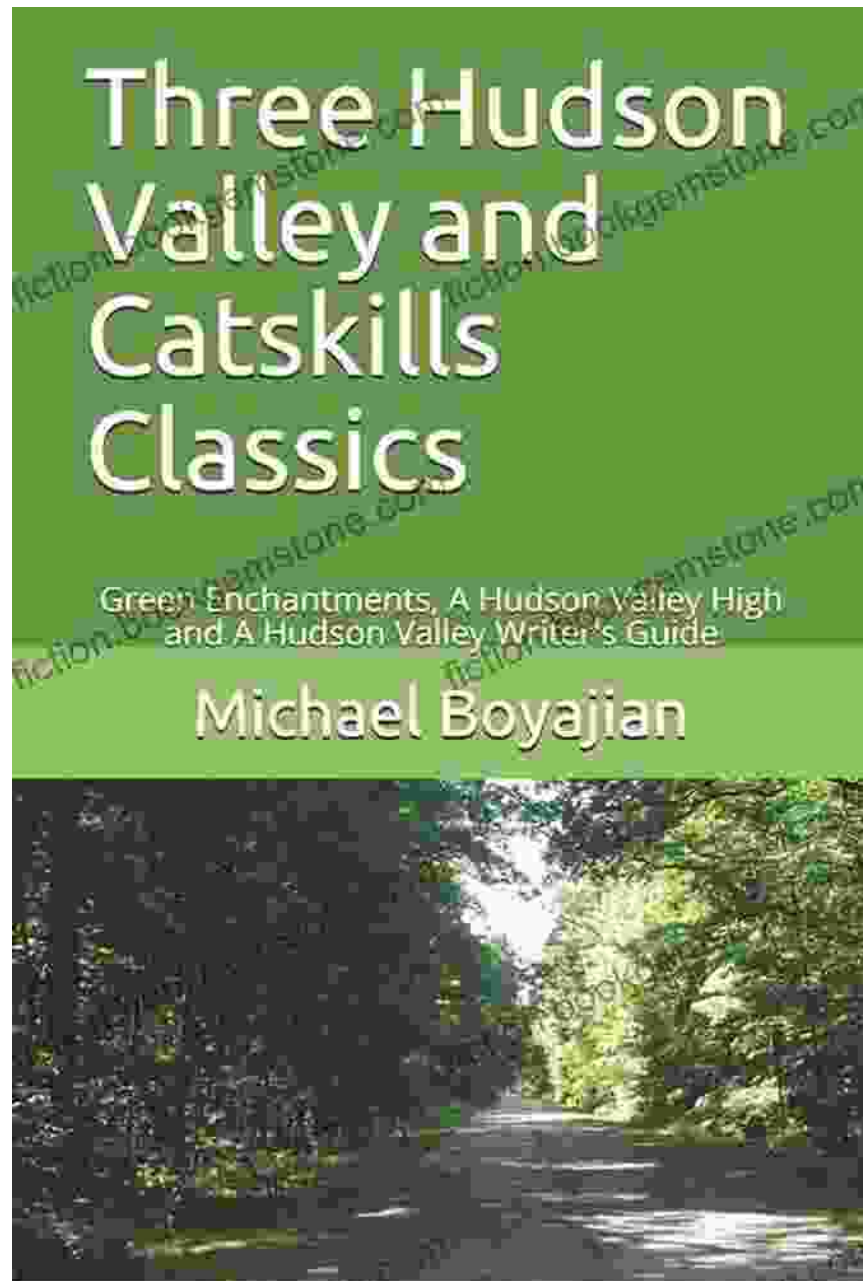
Nestled in the picturesque hamlet of Roxbury, the Roxbury at Stratton Falls is a culinary gem steeped in history. The restaurant occupies a former

woolen mill dating back to the 1800s, adding a touch of rustic charm to its elegant dining experience.

The Roxbury's menu is a testament to the culinary heritage of the Catskills. Chef RJ Cooper draws inspiration from his upbringing in the region, crafting dishes that showcase the flavors and traditions of Upstate New York.

From hearty farm-to-table fare to elevated interpretations of classic comfort foods, the Roxbury's cuisine is both comforting and creative. Guests can enjoy a leisurely meal in the intimate dining room or opt for a more casual experience at the cozy outdoor terrace overlooking Stratton Falls.

### **Bluestone Wild: A Culinary Sanctuary in Fleischmanns**



In the heart of the Catskill Mountains, nestled amidst a sprawling estate, Bluestone Wild offers a culinary sanctuary like no other. Chef and owner Max Bruner has created a unique dining experience that celebrates the region's natural beauty and culinary diversity.

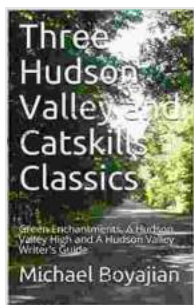
The menu at Bluestone Wild is an ever-changing symphony of flavors, inspired by the seasons and the abundance of local ingredients. Bruner's

dishes are a reflection of his deep connection to the land, showcasing the bounty of the Catskills with a touch of culinary alchemy.

Guests can dine in the elegant dining room, surrounded by floor-to-ceiling windows that offer breathtaking views of the surrounding forests and mountains. Or, they can opt for a more intimate experience in the intimate private dining room, perfect for special occasions or small gatherings.

The Hudson Valley and Catskills are culinary destinations in their own right, offering a diverse range of dining experiences to suit every taste. From the innovative culinary artistry at the Culinary Institute of America to the historic ambiance of The Roxbury at Stratton Falls and the sanctuary-like serenity of Bluestone Wild, these three iconic restaurants are essential stops on any culinary journey through Upstate New York.

So, embark on a culinary expedition to these three culinary classics and immerse yourself in the rich flavors and captivating stories that have shaped the Hudson Valley and Catskills' culinary legacy.



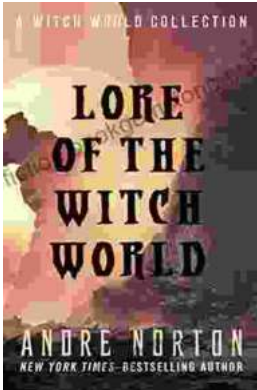
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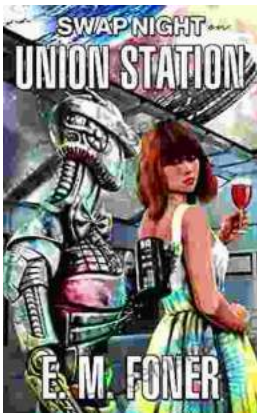
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