

Many Tiny Thoughts: A Book of Comfort, Inspiration, and Insight from Aminah Smith



many tiny thoughts by Aminah Smith

★★★★★ 5 out of 5

Language : English

File size : 750 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 27 pages

Lending : Enabled

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Many Tiny Thoughts is a book of comfort, inspiration, and insight from Aminah Smith. It is a collection of short, thought-provoking essays that explore the complexities of life, love, and loss.

Smith's writing is honest, raw, and deeply personal. She writes about her own experiences with grief, loss, and heartbreak, but she also writes about the beauty and joy that can be found in even the darkest of times.

Many Tiny Thoughts is a book that will stay with you long after you finish reading it. It is a book that will provide comfort when you are feeling lost, inspiration when you are feeling stuck, and insight when you are trying to make sense of the world around you.

About the Author

Aminah Smith is a writer, speaker, and podcaster. She is the author of the books *Many Tiny Thoughts*, *Wild Mercy*, and *Sitting Pretty*. Smith's work has been featured in *The New York Times*, *The Washington Post*, and *The Guardian*.

Smith is a passionate advocate for mental health awareness. She is the founder of the Many Tiny Thoughts Project, a nonprofit organization that provides resources and support to people who are struggling with mental illness.

Praise for Many Tiny Thoughts

"Many Tiny Thoughts is a beautiful and heartbreaking book. Smith's writing is honest, raw, and deeply personal. She writes about her own experiences with grief, loss, and heartbreak, but she also writes about the beauty and joy that can be found in even the darkest of times. This is a book that will stay with you long after you finish reading it." —**Glennon Doyle, author of Untamed**

"Aminah Smith is a gifted writer and a compassionate soul. *Many Tiny Thoughts* is a book that will provide comfort when you are feeling lost, inspiration when you are feeling stuck, and insight when you are trying to make sense of the world around you." —**Brené Brown, author of Dare to Lead**

"Many Tiny Thoughts is a must-read for anyone who has ever experienced grief, loss, or heartbreak. Smith's writing is honest, raw, and deeply personal. She writes about her own experiences with these difficult emotions, but she also writes about the beauty and joy that can be found in even the darkest of times. This is a book that will stay with you long after you finish reading it." —**Lori Gottlieb, author of Maybe You Should Talk to Someone**

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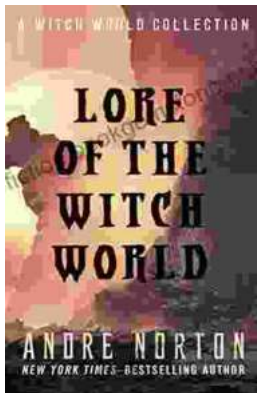
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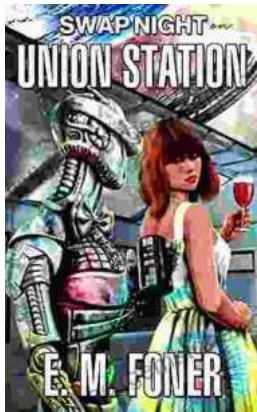
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