

How Moving Abroad Saved Our Assets: Volume II - Letting Go

In the first installment of this series, we discussed the financial benefits of moving abroad. In this installment, we'll focus on the emotional side of things. Letting go of your belongings can be a difficult process, but it's one that can be incredibly liberating.

Why is it so hard to let go of our belongings?

There are a few reasons why it can be so hard to let go of our belongings. First, they often represent memories and experiences. That old t-shirt might not be worth much money, but it might remind you of a great time you had on vacation. Second, our belongings can provide us with a sense of security. Having a lot of stuff can make us feel like we're prepared for anything. Third, our belongings can give us a sense of identity. If we own a certain type of car or live in a certain type of house, it can help us to feel like we belong to a particular group.



Mission: Rescue Your Retirement: How Moving Abroad Saved Our Assets. Volume II Letting Go by Edd Staton

★★★★☆ 4.1 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 327 pages
Lending : Enabled



The benefits of letting go

Despite the challenges, there are also a number of benefits to letting go of your belongings. First, it can free up your time and energy. When you have less stuff, you have less to clean, organize, and repair. This can give you more time to spend on the things that you really enjoy. Second, it can save you money. When you have less stuff, you spend less money on storage, insurance, and repairs. Third, it can reduce your stress levels. When you have less stuff, you have less to worry about. You're less likely to feel overwhelmed by your possessions, and you're less likely to feel like you need to keep up with the Joneses.

How to let go of your belongings

If you're ready to start letting go of your belongings, there are a few things you can do. First, start by sorting through your things and getting rid of anything you don't use or need. Be ruthless! If you haven't used something in the past year, it's probably time to get rid of it. Second, try to sell or donate your unwanted belongings. This can help you to recoup some of the money you spent on them, and it can also help to declutter your home. Third, consider renting a storage unit if you need to keep some of your belongings but don't have room for them in your home. This can be a good option if you're moving to a smaller space or if you're just not ready to part with certain items.

Letting go of your belongings can be a difficult process, but it's one that can be incredibly liberating. If you're ready to start simplifying your life, there are a few things you can do to make the process easier. Start by sorting

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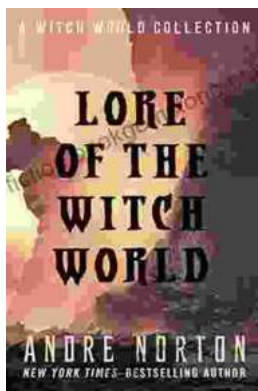
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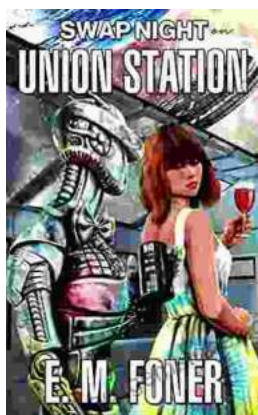
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